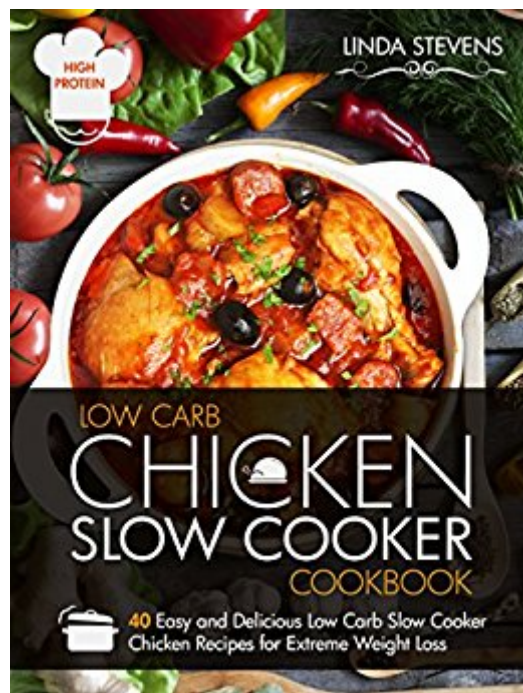


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Low Carb Chicken Slow Cooker Cookbook: 40 Easy And Delicious Low Carb Slow Cooker Chicken Recipes For Extreme Weight Loss



Synopsis

ENJOY EASY AND DELICIOUS LOW CARB SLOW COOKER CHICKEN RECIPES FOR EXTREME WEIGHT LOSS STARTING TODAY! 40 Easy and Delicious Low Carb Slow Cooker Chicken Recipes brings dynamic flavour to the one great meal mainstay: chicken. Allow all forty slow cooker low carb chicken recipes to fuel you in your desire to lose weight, seek essential nutrients, and build muscle. The slow cooker lifestyle is essential to create a nutritive and colourful diet plan in just a few minutes, even with the very hurried nature of your work and play-filled life. As the winter weather creeps closer, look to the warmth and goodness of chicken: a natural antidepressant, a thyroid regulator, a metabolism booster, a bone builder, and a cancer-fighter. Pull a few ingredients together in the slow cooker, toss colourful vegetables and spices into the mix, and give the ingredients a good stir. The very precise recipes outlined in this book have been tested to create beautiful, succulent dishes for any occasion. Walk away from the slow cooker, go about the busy hours of your day, and return to a steaming plate of flavourful chicken, each serving with a net carbohydrate count of ten carbs or less. The nutritional world of slow cooking and the warmth and goodness of these recipes will charge you through the winter months and fuel you through the rest of the year as you casually lose weight through the natural properties of the low carbohydrate diet. You can eat well and live well. You can create marvellous dishes, lose weight, and beat back against the shocking cold of winter. Create a low carbohydrate chicken plan for your life and skyrocket yourself to better health. Just to say Thank you for checking out this book I would like to give you a FREE report - Weight Loss Metabolism Secrets: Discover the Secrets to Firing Up Your Metabolism to Achieve Lasting, Natural Weight Loss. Go to weightloss-tips.ca to grab your free copy now! SCROLL UP AND CLICK BUY TO DOWNLOAD YOUR COPY INSTANTLY Just to say âœthank youâœ • for checking out this book, we would like to give you a free WELLNESS GUIDE! Please visit: www.fruitfulbooks.com to grab your free copy now!

Book Information

File Size: 8828 KB

Print Length: 88 pages

Simultaneous Device Usage: Unlimited

Publisher: The Fruitful Mind (September 21, 2014)

Publication Date: September 21, 2014

Sold by: Â Digital Services LLC

Language: English

ASIN: B00NSBH9JI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #143,405 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #8 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Cooking by Ingredient > Meat, Poultry & Seafood > Poultry #32 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Poultry #186 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Appliances

Customer Reviews

I recently broke the glass lid of our 32 year old wedding present slow cooker and hence received a new slow cooker for Christmas. Having the new shiny slow cooker has peeked my interest in slow cooking again. I was therefore greatly pleased to find this book containing 40 low carb slow cooker recipes for chicken. My husband and I being empty nesters all too often resort to the quick trip to the nearest take-out place for dinner. Using this book, I have made the Perfect Parm Chicken Soup. What a delicious meal it made and I loved knowing all day that it would be ready for us to eat when dinner time came around. I didn't have to think about what to make all day. Another time I made the Parisienne Poulet. It was as yummy as it sounds! I added a quick salad and dinner was done! I will be using more of the recipes in my new crock pot, even during the summer months because the slow cooker does not heat up the kitchen, and I'm even busier in the summer than I am during the winter! Even if you are not counting carbs, this book should become your go-to cookbook for healthy and delicious meals!

Well written book and Super-charge your health and create flavourful, nutritive recipes with the following forty slow cooker low carbohydrate outlines. The images really complement the book and the instruction are clear and done in a step by step way and ingredients which can be found from most supermarkets.

I love chicken, eat healthy, and love my slow cooker. I live a very busy lifestyle and my slow cooker is my first go to kitchen appliance. I fell in love with this book immediately! As I sat sniffing and thinking I should eat some kind of chicken soup (I hate chicken noodle!), I found this book and

headed straight for my kitchen! Highly recommend!

I'm always looking for healthy convenient ways to prepare Chicken. So I'm glad I found this book. "Low Carb Chicken" is jam packed with healthy, delicious, and creative, recipes you and your whole family will love. I really like the Lime Cilantro Chicken. Thanks!

This cookbook is fine. It's just that I was hoping for simpler recipes as my family tends to be a bit picky. I'm sure there are folks out there that purchased this and love it.

One of the only slow cooker cook books that give detail of each recipe of carbs, cholesterol, etc.
Gus, R

I loved the fact that you included the nutrition for each recipe, which are delicious. Thank you for these recipes, I use my crockpot all the time.

I am going to try the Parisienne Poulet tomorrow!! Then on to the Rosemary Rub recipe. Very well-planned book, brimming over with many possibilities!! If the Poulet recipe turns out to be delicious, I may serve it for Turkey Day.

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